

Aparajitha

July
2017

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Aparajitha Foundations

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Seeds of Success



A Transformational Change Through Awareness

Hello!

Tamil literary works keep repeatedly referring to the act of charity. Most of them refer to the donation of material things. Gifting things such as food opportunity, effort, time and education find mention in few places. Thalir Thiran Thittam's lesson on charitable behaviour deals with the importance of this aspect of life. A government official, along with a few volunteers has initiated a movement with his charitable acts in the field of education. You can read more about this gentleman's efforts and Aparajitha's contribution in the **Imprints** section of this issue.

This issue's **Footprints** brings to you news about the gifts of skills to children during summer vacation through fun filled summer camps; the gifting of sportswear to athletes and the gift of knowhow to social workers during training sessions.

Read more about these gifts! Do 'gift' your valuable thoughts and feelings to us. Let's work together to offer the precious gift of life skills education to more and more!

I look forward to your continued support and suggestions.

Ariaravelan
Manager



Thalir Thiran Thittam (TTT) offers life skill education to students in classes 7 to 12. Based on the 10 life skills listed by World Health Organisation (WHO); lessons have been created to engage the students in happy experiential learning. The lessons at the primary level are imparted using Teachers' Handbook and at the secondary, high school and higher secondary levels, through DVDs. This programme aims to create responsible students and was piloted in 2008-2009 in 5 higher secondary schools. In 2009-10, it was expanded to all high and higher secondary schools in Tamil Nadu by the Tamil Nadu Government's Education department. Later it was implemented in primary, govt- aided and private schools that were interested in TTT. Now the programme is being implemented in Tamil Nadu and Gujarat.

(Articles of this issue are translated from Tamil into English by Ms. Mali Nandakumar)

Imprints

The determined always reach their goals

It is often said the bold and determined efforts of those with clarity and ambition to achieve always produce desired results. A worthy example of such a phenomenon is the **Vidyadaan Project** of Mr Sanjay Dubey IAS, Divisional Commissioner, Indore (Madhya Pradesh).

The state of Madhya Pradesh is divided into 10 divisions. The 51 districts within the state come under these divisions. The Indore Division consists of the eight districts of Alirajpur, Indore, Khandwa, Khargone, Dhar, Burhanpur, Barwani and Jhabua. Mr Sanjay Dubey, Commissioner of Indore Division oversees the 54 unions that come under it. He selected 5 schools from each of these 54 unions and has undertaken efforts to streamline their infrastructure and standards of teaching – learning to be on par with CBSE (Central Board of Secondary Education).

As part of this initiative, each of the 270 schools has been given a TV and a DVD player. With the help of 6 students from IIT (Indore), video lessons in Mathematics, Science and English have been created. 25 schools in Indore use these video lessons to aid classroom teaching. Apart from this, 2228 volunteers in many other schools are being trained to deliver these lessons.

Aparajitha Foundation, through Thalir Thiran Thittam provides life skills that go beyond the regular classroom curriculum but are essential to lead a successful life. The Divisional Commissioner has made arrangements for TTT's Hindi version Tim Tim Tare to be delivered to students in all these 270 schools through the efforts of Education Officer Mr Anand Sharma.

As an initial step, Tim Tim Tare was implemented in 25 schools in Indore from August 2016. Teachers acted as facilitators of learning. Deputy Director motivated and guided them. The Divisional Commissioner has been closely monitoring the progress of implementation and the changes in the behaviour of students. As a result of this combined effort, this programme was extended to 125 schools at the end of the previous academic year. Following that, by the end of the current academic session, it is expected that TTT will be implemented in all the 270 model schools within the zone as planned.

-T. A. Padmanabhan

Footprints

(Events: April – June 2017)

Life Skills Education at Summer Camps



WHO defines life skills as "abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life". Aparajitha Foundation organises summer camps every year to help children acquire these skills through games, songs, role play, art and craft, play with colours and such other fun- filled activities.



Tamil Nadu

Summer camps were held for children of employees of Aparajitha Corporate Services (P) Limited from May 2-6 at Madurai YMCA Higher Secondary School for the Hearing and Speech Impaired. Camps were also held in collaboration with Annai Nagar Residents Welfare Association for all their children in their own residential locality.



The objective of these camps was to nurture team building skills among the children who were organised into 5 groups. Each day every group evaluated its own performance and awarded points accordingly.



Games such as 'Who am I?', 'What's the good word?', 'Find the leader', 'Take a sharp look', 'Identify these', 'Remember well', 'Where is the remaining part of this picture?', 'Mind the time' and activities such as 'Scribbles', 'Create new colours', 'Make five different hats', 'Make a paper mask' and 'Make a print' helped children acquire life skills such as self-awareness, empathy, getting along with others, communication and exchange of thoughts, creative thinking, critical thinking, decision making, problem solving, coping with stress and coping with emotions.



Gujarat

Life Skills Camps were held at 6 schools in Ahmedabad from April 19 – 26; at 2 schools in Vadodara on May 1, 2 and 3. Children who participated in the camps were also shown video lessons from TTT's Gujarati version Tim Tim Tara.



T-shirts for Sports Camp participants



Sports camp is held during summer every year at TVS Sundaram Higher Secondary School. 120 boys and girls participated in this year's camp. At the valedictory function held on May 3, 2017, managers Mr T. Murugan and K. Ariaravelan distributed T-shirts to all the participants of the camp on behalf of Aparajitha.

Life Skills Training for Social Workers

India literacy Project is an NGO working towards 100% literacy in India. This NGO operates in partnership with other NGO's in 2143 villages across 8 states including Tamil Nadu. A workshop for social workers of 7 NGOs working in Tamil Nadu and Telengana was held on April 10, 11 and 12, 2017. Mr M. Senthil Kumar, Senior Executive, led a discussion on "Life Skills" and presented an introduction to Thair Thiran Thittam to the participants.

Echoes

This is a very good initiative. Keep up the good work!

- **Prachi Khandeparkar**
Adolescent Health Program Director
Sangath, Goa.

Proud of your work, Keep it up.

- **Dr. Vasudevan Rajaram**
Comcast, Chennai.

It is most certain that all the students will be benefited by Thalir Thiran Thittam.

- **T. Arumugam**
Bangaloreu.

Congratulations. Thanks for sharing this inspiring newsletter.

- **Bimla**
Secretary & Director, Ekta – A Women's Resource Centre, Madurai.

Let us sow the seeds of success everywhere and hope to see its positive impact in practice.

- **B.P.Pereira**
Soft Skills Trainer, Madurai.

It is awesome to see the impact with the children, equally with teachers too.

- **Srinivasan Varadharajan**
Founder, Altair HR Management & Projects, Cholavandan

Very comprehensive report but covered crisply with clarity.

- **K. Durga**
Trustee, Aparajitha Foundations, Madurai.

Fantastic work. So happy to read the feedback from the teachers and principals.

- **Dr. G. Haripriya Aravind**
Aravind Eye Hospital, Madurai

It is a matter of pride to read the feedback given by many teachers and effective implementation in various states. And the diamond in the crown is award for the HM Mr.Dinesh Viyas of Rajasthan, who implemented successfully.

- **Chidambaram C V**
Business Manager, Aparajitha Corporate Services (P) Limited, Madurai.