

**Aparajitha**

*April*  
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22

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**Aparajitha Foundations**

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# Seeds of Success



*A Transformational Change Through Awareness*

# Hello!

It would be better to give someone a sweet and ask him / her to taste and experience it to understand sweetness than to explain the concept theoretically. Having personally experienced it, he/she can easily make another person understand the same. This is precisely what the headmaster of a school in Rajasthan did. Having tasted the success of implementing TTT's Hindi version Tim Tim Tare, he recommended the same to the Govt of Rajasthan for implementation in other schools. Acknowledging this noble gesture, the Rajasthan government has presented him with a certificate of appreciation. Read more about this in **Footprints** section.

Three teachers handling different versions of TTT ( Thalir Thiran Thittam ( Tamil ) / Tim Tim Tara ( Gujarati ) / Tim Tim Tare( Hindi ) – two from Tamilnadu and three from Gujarat have shared their experience and the impact on students. You can read about it in **Imprints** section.

Read on! Do share your impressions!!

I look forward to your continued support and suggestions.

**Ariavelan**  
Manager



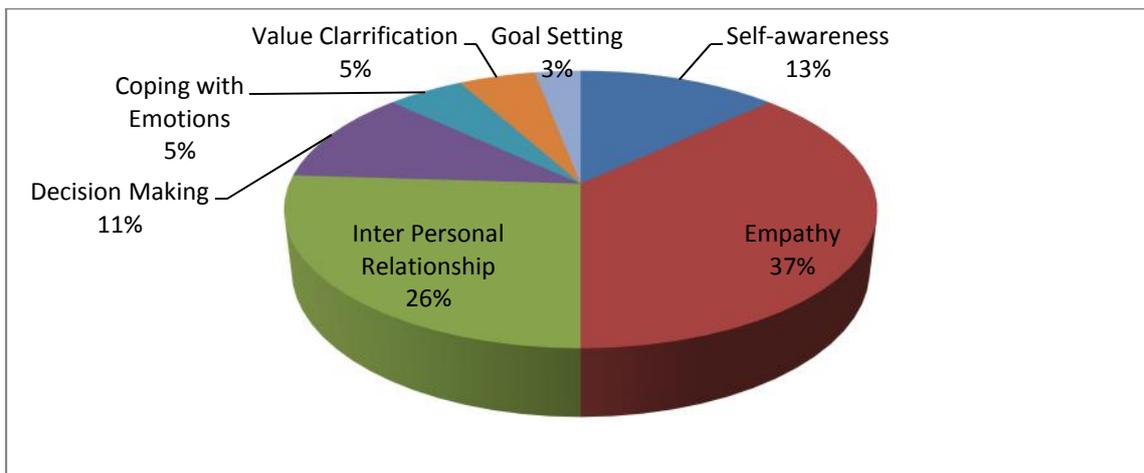
*Thalir Thiran Thittam (TTT) offers life skill education to students in classes 7 to 12. Based on the 10 life skills listed by World Health Organisation (WHO); lessons have been created to engage the students in happy experiential learning. The lessons at the primary level are imparted using Teachers' Handbook and at the secondary, high school and higher secondary levels, through DVDs. This programme aims to create responsible students and was piloted in 2008-2009 in 5 higher secondary schools. In 2009-10, it was expanded to all high and higher secondary schools in Tamil Nadu by the Tamil Nadu Government's Education department. Later it was implemented in primary, govt- aided and private schools that were interested in TTT. Now the programme is being implemented in Tamil Nadu and Gujarat.*

*(Articles of this issue are translated from Tamil into English by Ms. Mali Nandakumar)*

# Imprints

## Let's sculpt the sculptors!

From being hunter gatherers using stones as weapons, humans have evolved into users of highly advanced computer technology. However their personality and strength of character have not developed to the extent their academic knowledge has. As a result, students lead powerless lives without human values as flotsam, adrift in the currents of life. The strength of life skills education is required to make them responsible people. Our school in Ramanathapuram largely serves the economically underprivileged who are the first generation learners. We have been achieving 100% pass in the Class X Board exam consecutively for the past 15 years. We realised the need for providing life skills education to our students and started implementing Thalir Thiran Thittam in the academic year 2010- 11. Two sessions every week are allocated to value education for students of classes 6 to 9. We have noticed that there were many positive changes in their behaviour ever since. We conducted a research to study of the impact of value education. The following graphic is a sample of what it reveals:



We are aware of the challenges of the role of teachers in the making of students into responsible people especially in the current and constantly changing scenario. Thalir Thiran Thittam comes in very handy to overcome these challenges. We will strive to implement TTT appropriately in all the schools! We shall sculpt the sculptors of our future society!! We shall create a healthy society!!!



- **Sr. S. Sagayamary**  
Headmistress  
St. Joseph Higher Secondary School  
Ramanathapuram  
Tamil Nadu

## A vitamin called Tim Tim Tara!

We have been offering Tim Tim Tara at our school since August 2016. The students love the activities and games that are part of the video lessons; as a result they respond to these lessons with great enthusiasm. These lessons have been created with meticulous planning. Consequently, students learn plenty of essential skills and values including those like respecting others, listening attentively, speaking appropriately, maintaining relationship, being cooperative etc almost effortlessly. Most of the times we focus on academics and fail to impart values to them; as a result even their higher education becomes purposeless. That's why I strongly feel that Tim Tim Tara is a great vitamin that fortifies the future of students.



- **Rajkamal**  
Principal  
Vinobabhav Prathmik Shala No. 2  
Udhna  
Surat  
Gujarat

## It helps towards wholesome development!

In our school where the medium of instruction is Marathi, life skills education is being offered through the Hindi version Tim Tim Tare. Ever since the beginning, students have been very fond of this programme. That's because it has been so structured that they learn good values in the play way method. Every one of these video lessons contributes to the wholesome development of students. Students evaluate their own behaviour based on what they have learnt. For instance, after being exposed to lessons on time management, active listening, respecting others, personal grooming etc, we have noticed changes in their behaviour – their punctuality has improved, they listen to the teacher more attentively, they respect others better, they wear appropriate and clean clothes and so on. We have observed these changes in 60% of students in classes 6, 7 and 8 who receive life skills education through Tim Tim Tare.



- **Hemantl**  
Teacher  
Vinobabhav Prathmik Shala No. 2  
Udhna  
Surat  
Gujarat

## It helps to overcome barriers!

There is an animated response to Tim Tim Tara's video lessons among students. They enjoy the role play and singing. To impart good values this methodology is far more effective than the conventional chalk and talk method. These lessons teach students how to overcome barriers that they face in life. Students have also developed the habit of listening keenly.



- **Sneha**  
Teacher  
Sheth Thakorlal Prathmik Shala  
Surat  
Gujarat

## No hardship; only happiness!

Until about 20 years ago, at schools, two periods were set aside for moral education during which students will be told fables with morals. At home, grandfathers and grandmothers would also tell them stories. These taught values and life skills to children. But in modern times, moral education is not part of the curriculum in most schools. Parents also bring up children as parrots who replicate mechanically what they have learnt. There are very few occasions which permit them to think originally or speak out openly what they have thought through. Even as I was hoping that there should be a change in the situation, Aparajitha Foundation's Thalir Thiran Thittam was introduced in 2012 in a few primary schools in Vadippatti Union among which was my school. Initially we teachers felt this was additional burden. But when we started observing positive changes in the behaviour of students over a period of time, we got excited. For example, there was a boy named Karuppu who was inattentive and restless. If sent on an errand to fetch something, he would drop it on the floor and end up breaking it. We used to be scared of asking him to do anything. After attending classes on listening and participating in the games, he has begun to listen carefully to others and carry out tasks patiently. Moreover since Thalir Thiran Thittam lessons are structured to be learned in a fun way, dropping out of school has stopped completely. Students have absorbed academics and discipline happily.



- **G. Aseervadam Peter**  
Teacher  
Gandhiji Primary School  
Pottulupatti  
Madurai District, Tamil Nadu

# Footprints

(Events: January – March 2017)

## TTT DVD distribution on behalf of Rotary club



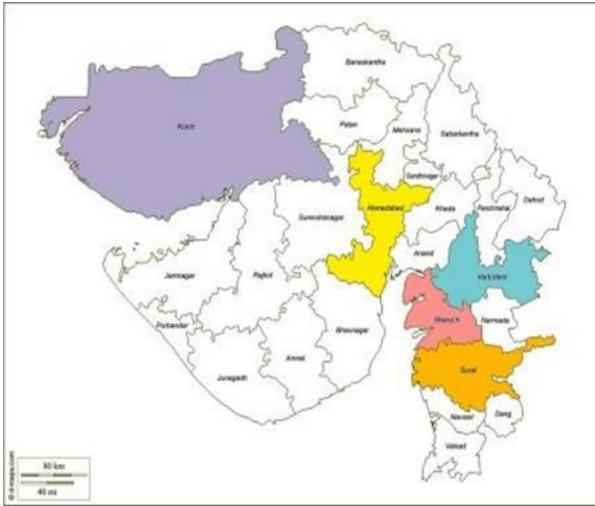
In collaboration with the Rotary Club of Madurai Metro, Thalir Thiran Thittam programme was launched in three schools- K.V.G Vidhyasala High School, Virattipathu on 30 January 2017, CSI Pasumalai Higher Secondary School and Mangayarkkarasi Higher Secondary School. In the first two schools, Rotarians distributed the DVDs to the respective headmasters; at Mangayarkkarasi Higher Secondary School, the DVDs were given away by Mr M. Muruganandam, Governor of Rotary District 3000.

## TTT Teacher Training at Single Teacher Schools



“If children cannot go to school, why can’t one take the school to them?”. Based on this philosophy 615 schools were set up for young children in Thiruvallur, Kanchipuram and Nagapattinam districts by Swami Vivekananda Rural Development Society. With a view to provide life skills education to them to supplement this evening school programme in the forthcoming academic year, training was provided to 512 teachers on handling the TTT curriculum on Feb 11, 18 and Mar 19 at a training centre in Ulundai in Thiruvallur.

## TTT Teacher Training in Gujarat



Tim Tim Tara, which is being currently implemented in Ahmedabad, Vadodara and Surat has now spread to Bharuch and Kutch districts also. Following this, training was provided to teachers of 150 schools in Bharuch in Jan 2017 and to teachers of 185 schools in Feb 2017. Another training programme for 30 teachers from 12 schools was organised, at Nirona in Bhuj, by educationist Mr Dileep Mulani in Jan 2017 which simulated student participation.

## Headmaster feted for widespread implementation of Tim Tim Tare



Thalir Thiran Thittam's Hindi version "Tim Tim Tare" was first piloted in the year 2015-16 in Swami Vivekananda Government Model Higher Secondary School, Kherwara, Udaipur, Rajasthan. The pioneering initiative was taken by the school's headmaster Mr Dinesh Vyas. Based on the feedback from students, teachers and parents, this was further taken to 1340 Adarsh schools and 71 Model schools. Having come to know about this, the Government of Haryana invited Mr Dinesh Vyas to talk about TTT to its state education officers. In acknowledgement of his contribution to the life skills education of thousands of students, Mr Dinesh Vyas was presented with a certificate of appreciation on 26 Jan 2017 during the Republic Day celebrations. We place on record our own appreciation and best wishes too.

# Echoes

It is amazing to see the impact of Thalir Thiran Thittam on the map of India through a front page graphic! Remarkable growth! May the educational service of Aparajitha Foundation and its positive impact grow and play “Holi” on the Indian map! Best wishes.

The chaste Life skills Tamil vocabulary that the students of Tamilnadu acquire through Thalir Thiran Thittam will grow ,mature with experience and remain with them as support. TTT is a gift to school students; it is also a rare service to development of Tamil. May the good service of Aparajitha continue!

- **Dr. A. Ayee**  
*President, AGN School, Gonganapuram.*

The subjects dealt with in TTT are essential for everyone. I am amazed to note the phenomenal growth of the program in terms of its reach. The efforts of the team are highly laudable for bringing it thus far. It will not be out of proportion if I say the team is contributing to the ‘nation building’. Way to go!!

- **K. Varathan**  
*Chief Operating Officer – Consultation, Auditing and International Operations  
Aparajitha Corporate Services (P) Limited, Madurai.*

It is heartening to note that Aparajitha Foundation has extended its arms to newer places. Students are important factors in bringing about social change. Only they can develop the society into a good one. Congratulations and best wishes to Aparajitha which continues to show them the way towards the same.

- **M. Pandiyarajan**  
*Correspondent, Champak Nursery and Primary School, Madurai.*

I am glad you are spreading throughout India. Proud of your work.

- **V. Rajaram**  
*Camcast, Chennai*

Very soul satisfying work. Good wishes for more. Congratulations on your reach and achievements.

- **Dr. A. V. Santhi**  
*Chennai.*