

  
**Aparajitha**

*July*  
*2016*

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**Aparajitha Foundations**

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தளிர் திறன் திட்டம்

# Seeds of Success



*A Transformational Change Through Awareness*

# Hello!

For a programme to sustain itself, it should first continue to be operational; develop and expand; renew and reinvent itself and remain relevant by serving a clear purpose and add value.

Thalir Thiran Thittam is a classic example of such a programme. Born in Tamilnadu, having spread its operations in Gujarat and Rajasthan and expanding its relevance to differently abled people, centres run by NGOs, student hostels, community colleges, camps run by arts and science colleges, industries and so on, now Thalir Thiran Thittam is also renewing and reinventing itself with new initiatives like (1) peer learning methodology, (2) life skill education camp organised by residents welfare association of a residential colony in big cities. *Footprints* section carries a report on two such new initiatives.

Just as maps aid and facilitate long journeys to remain on course, well thought out strategy help sustain the implementation of a programme. A meeting was held to chart the course of Tim Tim Tare in Rajasthan and offer suitable and strategic guidelines. You can read about this also in *Footprints*.

Journey through this issue following these footprints; share your experience with others.

I look forward to your continued support and suggestions.

*Regards,  
K. Ariaravelan  
Manager*



Thalir Thiran Thittam (TTT) offers life skill education to students in classes 7 to 12. Based on the 10 life skills listed by World Health Organisation (WHO); lessons have been created to engage the students in happy experiential learning. The lessons at the primary level are imparted using Teachers' Handbook and at the secondary, high school and higher secondary levels, through DVDs. This programme aims to create responsible students and was piloted in 2008-2009 in 5 higher secondary schools. In 2009-10, it was expanded to all high and higher secondary schools in Tamil Nadu by the Tamil Nadu Government's Education department. Later it was implemented in primary, govt- aided and private schools that were interested in TTT. Now the programme is being implemented in Tamil Nadu and Gujarat.

*(Articles of this issue are translated from Tamil into English by Ms. Mali Nandakumar)*

# Footprints

(Events: April – June 2016)

## Tim Tim Tare in Rajasthan

Tim Tim Tare , the Hindi version of Thalir Thiran Thittam will be implemented in the academic year 2016- 2017 in 71 Swami Vivekananda Government Model Higher Secondary Schools and 1340 Adarsh Schools operating under Rajasthan Council of Secondary Education. A meeting was held on April 26 and 27, 2016 in Madurai to discuss the plan and process of effective implementation of Tim Tim Tare. Dr. Rachna Sharma, Deputy Director - Projects, Rajasthan Council of Secondary Education (RCSE) and Mr. Dinesh Vyas, Principal, Swami Vivekananda Government Model School, Kherwara participated on behalf of RCSE.



Mr. Nitin Desai, Mr. T.A. Padmanabhan, Mr. Dinesh Vyas, Dr. Rachna Sharma,  
Ms. Durga amma, Mr. Bharath K S,  
Mr. K. Ariaravelan and Ms. N. Venmuhil

The following decisions were made during the course of the meeting:

- One period will be allotted every week to each class for life skills education and this will be included in the regular timetable.
- Orientation programmes will be conducted on Tim Tim Tare and Life Skills Education by Aparajitha Foundation to district project coordinators and school principals.
- Following that, at the rate of two teachers per school, a total of 2822 teachers will be trained to implement TTT. By the end of the current academic year, each of these teachers will train their colleagues. Additionally, capable senior students will also be identified and trained to teach their peers, thus introducing peer education.
- Life Skills Clubs will be created in every school and one Saturday every month will be observed as Life Skills Day.
- Tim Tim Tare's programme for primary school children will be implemented in Adarsh Model Schools.
- A comprehensive report on the progress of programme implementation in their respective schools will be submitted by the Principals during quarterly meetings.
- Tim Tim Tare will be included as an indicator of school leadership development programme under UK India Education Research Initiative (UKIERI).

All these decisions are acceptable to RCSE. Efforts are under way to implement Tim Tim Tare in Rajasthan from July 2016.

## Life Skills Summer Camps

Most parents want their children to spend their summer vacation in a useful manner. On the other hand, children would like to enjoy their summer vacation far away from school, exams, marks and rankings. Aparajitha Foundation, through its Life Skills Summer Camps, has been providing edutainment, thereby fulfilling the desires of both parents and children. As part of this initiative, summer camps were held from May 9 – 13 for children of employees of Aparajitha Corporate Services; and from May 2 - 6 for children of Annainagar. It was jointly organised by Aparajitha and Annainagar Residents Welfare Association, Madurai.



The children who attended the camps -while providing feedback- mentioned how they learned many things- being cooperative, sharing their personal possessions with others, getting along with others ,even unfamiliar people, greeting others, narrating stories, respecting elders, adopting good habits, paying keen attention to things and so on.





According to the parents, these children who participated in the camp acquired and exhibited many new skills and abilities – expressing their own creativity, being aware of their own strengths and capabilities, working together as a team, getting along with other people of different age groups, helping others, sharing their possessions with others, conversing with others in social contexts, speaking in public without stage fright, being more magnanimous, taking initiatives, addressing others with respect, communicating what they have learnt comfortably, developing a passion for doing things and doing it with concentration, adopting good practices and managing time effectively and so on. They have also been putting these skills to use in real life. Some parents stated that they discovered the hidden potential of their own children, thanks to these camps.

To listen to their views in their own voice, use the link below:

<https://youtu.be/pWTQIfH0LQ8>

<https://youtu.be/kzkKIpdS8yo>

### Special Guests



Mr B.S. Ramachandran



Mr K. Nagarajan

At the valedictory function of the Summer Camp, Business Managers Mr B.S. Ramachandran and Mr K. Nagarajan presided over as Chief guests and gave away certificates to participants.

## When peers facilitate learning.....

Peer education involves identifying and empowering one among the peer group for each unit to facilitate the teaching – learning process. According to educationists there are advantages of peer education:

- While explaining a particular lesson to peers, the peer ‘teacher’ understands the lesson better and it is registered deeply in his /her mind.
- When a regular teacher teaches a lesson, students do not always readily clarify their doubts. Even if they do, they are not persistent in asking questions till a point is clarified to satisfaction. On the other hand, when peers do the teaching, in case the facilitator is not sure about the answer or solution, there may be a combined effort to seek the answers. In a traditional set up this approach does not happen easily or effectively.
- When the facilitator is of the same age group as the learners and more or less of similar ability, there is a free flow of appreciation, criticisms and suggestions. This helps each of them to play their respective roles effectively.

That’s why continuous attempts are being made to implement Thair Thiran Thittam using peer learning methods. Since 2012- 13, SUDAR, an organisation in Madurai has been offering life skills education to college students through peer education. Last academic year, this was also attempted at Swami Vivekananda Model Higher Secondary School in Kherwara in Rajasthan. Following that, this method is being adopted in many schools across the state this academic year.



P.K.N. Girls Higher Secondary School  
Thirumangalam



Mukhya Kanyashala  
Dhandhuka



D.G.Patel School  
Sanand

This academic year, peer learning of life skills has been implemented in P.K.N. Girls Higher Secondary School, Thirumangalam, Madurai; D.G.Patel School, Sanand, Ahmedabad; and Mukhya Kanyashala, Dhandhuka , Ahmedabad. Moreover, this is being attempted in many other schools. Yet another milestone in the making for Thair Thiran Thittam programme.

# Echoes

I read “Seeds of Success.” Good lay out, beautiful pictures, important news reports that get embedded in the mind. It is nice to see the interest shown by the newsletter in social welfare. Bringing out a newsletter is no easy task. Laudable efforts! Congratulations!

- **Dr. B. Jambulingam**  
*Superintendent, Tamil University,  
Tanjore.*

Thanks Ari, this is wonderful news indeed! It feels great to be a part of this amazing project which is going to have a positive impact on the young minds. Many congratulations to Aparajitha for this noble contribution in the field of life skills education.

- **Preeti Purohit**  
*Hindi Translator,  
Noida*

18th edition of your newsletter is just fantastic. You have motivated a researcher to do Ph.D on your project. This is something extraordinary. Tim Tim Tare is emerging efficiently day by day.

- **Dr. T. Ravichandran**  
*Assistant Professor, Department of Gandhian Thought and Peace Science  
Gandhigram Rural University,  
Gandhigram.*

I feel so happy on seeing them as you could reach where Government or any organizations could not reach yet in the cause of educating and make the poor literate under constitutional provisions. Hearty congratulation and wish you all the Best tidings.

- **B.P.Pereira**  
*HR/Soft Skills Trainer,  
Madurai.*

Congratulations about the TTT - Thilir Thiram Thittam - initiative. The impact is certainly very impressive. As someone who has been very involved with creating amongst youth and children 'Critical Analysis and Learning' and to enable them to get more directly engaged with life around them, I can imagine the challenges you all have overcome. So hats off to the entire team.

- **Dr. Suresh V**  
*Supreme Court appointed Adviser for TN on Food Security  
National Secretary, People's Union for Civil Liberation  
Chennai*