

Aparajitha

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Aparajitha Foundations

5A, V.P.Rathinasamy Road,
Bibi Kulam
Madurai- 625002.
www.aparajitha.org
0452-4375252
info@aparajitha.org



Seeds of Success



A Transformational Change Through Awareness

Hello!

It is easy to want to fulfil a passionate idea. But to succeed in giving it a concrete shape and actualising it is generally not so easy. Even if one of the essential factors - time, place, hard work and cooperation poses a challenge, it becomes an uphill task and shakes the very foundation. But people who are determined to succeed proceed undeterred and achieve what they want.

The Gujarati version of Thalir Thiran Thittam - Tim Tim Tara was first introduced in Gujarat in 2011 and is now being implemented in 2349 schools. The experience of fighting against all odds to implement the programme in their respective schools, the challenges they faced, the consequent positive changes that are noticeable in students is shared by a headmaster and a teacher in this issue. Two others from different schools have shared their own experiences – one on how a lesson has transformed a student into an action hero and the other, about the altered behaviour of students.

Read on.... and share your thoughts

I look forward to your continued support and suggestions.

Ariaravelan
Manager



Thalir Thiran Thittam (TTT) offers life skill education to students in classes 7 to 12. Based on the 10 life skills listed by World Health Organisation (WHO); lessons have been created to engage the students in happy experiential learning. The lessons at the primary level are imparted using Teachers' Handbook and at the secondary, high school and higher secondary levels, through DVDs. This programme aims to create responsible students and was piloted in 2008-2009 in 5 higher secondary schools. In 2009-10, it was expanded to all high and higher secondary schools in Tamil Nadu by the Tamil Nadu Government's Education department. Later it was implemented in primary, govt- aided and private schools that were interested in TTT. Now the programme is being implemented in Tamil Nadu and Gujarat.

(Articles of this issue are translated from Tamil into English by Ms. Mali Nandakumar)

Imprints

Greater heights....

Two years ago when I took over as the Headmistress of this upper primary school in Jaspur, Vadodara district in Gujarat, in 2015, I had to face challenges like indiscipline, lack of cleanliness and disorderliness. When I was struggling to overcome these problems I came to know about Tim Tim Tara and wanted to implement it in my school. But I could not do so immediately owing to the renovation work going on in the school premises.



Headmistress Ms. Bhumika Dhaval with 8th standard students

Motivated by Aparajitha Foundation, I entrusted the responsibility of implementing the programme in 2016 to a teacher and he rose to the occasion readily and enthusiastically; but he was unable to bear the workload of having to handle the sessions for all the five groups. When he shared this problem with Aparajitha Foundation, they suggested Peer Learning as a possible solution. So I empowered a team of four students – Disha, Pari, Mittal and Prateek. They are now helping other students excitedly; other students are responding well; and the programme is running successfully without a hassle.

As a result, remarkably positive changes are noticeable in students and, in particular, the student- facilitators. They have become more self-confident; their leadership abilities have improved. Their unity, helpfulness and cooperation have become

better. Students of Std 8 were a mischievous lot, unruly and disrespectful to elders; they would also scribble on the walls. On the contrary, they are a transformed set of youngsters now; many of them are now ministers in the mock parliament at school; they respect elders and have begun to be truthful; and are making a sincere attempt to be role models before they advocate cleanliness to others.

The degrees that their academic education provides will take them to great heights; but I'm convinced that the life skills and value education they have acquired will take them even higher.

- **Bhumika Dhaval**
Headmistress

Lost and found

I have accepted the responsibility of handling Tim Tim Tara lessons at a primary school in Ratanpura, Ahmedabad district in Gujarat. When I started, the school computer was dysfunctional. However I was very particular that I must go ahead and give them the benefit of this programme and began using my personal laptop to teach Tim Tim Tara lessons.

After being exposed to the lessons, many significant changes have been noticed in the behaviour of these students. For example, there is a Lost and Found box in every Zilla Panchayat School, placed in a prominent place frequented by people. Students who come across lost items on the campus drop them into this box. Owners of these items retrieve them from the box. There is one such box in our school too. But for quite some time, things were not put into the box though people were losing and misplacing personal possessions. Under these circumstances, Tim Tim Tara was implemented in our school and one of the video lessons was on "Respecting others' property". Ever since then, gradually, things lost by students started appearing in the Lost and Found box and the number has been on the increase. So those who have been careless enough to lose some possession are not worried anymore because they know that they can always find it in the Lost and Found Box.



- **Jagdishbhai**
Teacher

TTT a change agent

In an upper primary school for girls in Dhandhuka , Ahmedabad district , Gujarat, a few traits such as being habitually late to class, shirking responsibility , fear of the stage, wasting food and water, not sharing things with others, not switching off lights and fans at the end of school, not closing the door after school and so on were noticed. We kept advising them repeatedly to alter their behaviour; but nothing changed.

Then about two years ago, Tim Tim Tara was introduced. We exposed them to the video lessons and activities. Slowly their attitude underwent a change and it manifested in their behaviour. Students have started arriving punctually to school and they attend the morning assemblies regularly; they have also started being more helpful. They have become more confident and even started participating in the mock parliament at school. The selected ones have been conducting themselves more responsibly. Stage fright has virtually disappeared. Tim Tim Tare has been the change agent for the development of their personality and transformation in behaviour.



- **Ashok Kumar N. Zapadia**
Headmaster

Education and Application



Damor Urvish Panjibhai

Dhamor Urvish Panjibhai, a student of Std 8 in a government upper primary school in Vastrapur ,Ahmedabad was fascinated by the lesson on avoiding wastage. Like the student in the lesson, he too wanted to do something to avoid wastage in some way. The puddle of water formed from an overflowing tank at school drew his attention. With the help of his friends, he dug a channel to carry the stagnant water from the puddle to the school garden.

- **Mayuri**
Vadodara

Footprints

(Events: July – September 2017)

MoU with the Government of Haryana

An MoU between Aparajitha Foundation and the Government of Haryana was signed on 2 Sep 2017 following the efforts of Mr Rajeev Ratan to implement Tim Tim Tare in Haryana. As per this, Tim Tim Tare lessons will be taught for an hour every week in 14000 government and government aided schools to students in classes 1 – 12 in the current academic year. This will be reviewed once every three months jointly by Aparajitha Foundation and the Chief Education Officer and District Education Officer on behalf of the government. This is likely to be extended to more schools in the ensuing academic years.

In Rajasthan...



Orders were issued last year to implement Tim Tim Tare (Hindi version of Thair Thiran Thittam) in Vivekananda Government Model Higher Secondary Schools and Adarsh Government Model Higher Secondary Schools in Rajasthan. Day long workshops were conducted on life skills education and Tim Tim Tare for the teachers of these schools in Tonk, Sirohi, Ajmer, Udaipur, Alwar, Chittorgarh, Dholpur, Bhilwara, Sikar and Dungarpur districts in August and September 2017. 1268 teachers have received the training so far.

At Sarva Shiksha Abhiyan residential schools...



Government orders have been issued to implement Tim Tim Tara in 43 Kasturba Gandhi Balika Vidyalaya residential schools in Gujarat operating under the Sarva Shiksha Abhiyan scheme. As the first step, 86 teachers and wardens, and 31 student facilitators were given training on 23.08.17 in Gandhinagar in the presence of Deputy Director of SSA, Ms Jayshreeben Devangan and Project Officer - Girl Child Education and Protection Ms. Darshanaben Suthar on life skills education and Tim Tim Tara.

In Tamilnadu....



People who are interested in social causes and education have been introducing Thalir Thiran Thittam in various schools across Tamilnadu. Ms. Zarreen Babu introduced TTT to a few government aided schools in Kodaikkanal. Following this, teacher training sessions and sample lessons were conducted on Aug 4 and 27 at St. Xavier Girls Higher Secondary School, St. John Girls Higher Secondary School and Presentation Convent Matriculation Higher Secondary School.

Echoes

Activities that develop self analysis and thinking skills are very interesting.

- Anuradha Vidyashankar

*Head – Southern Regional Resource Centre,
Child Line India Foundation, Chennai*

I was relieved to know that someone is involved in the task of integrating the needy into the mainstream and inducing a thirst for learning in them.

-N. A. Narayanan

HR Consultant, Madurai.

Let the seeds of success spread far and wide across India. Best wishes!

M. Pandiarajan

*Correspondent
Champak School, Madurai.*

A very colourful and interesting newsletter. Congratulations to the team.

-Bimla

*Secretary,
Ekta - Women Resource Centre, Madurai.*

Your service to the younger generation is invaluable. Long live the effort!

- N. Thangapandian

Head, Farm India, Trichy

Vidyadaan experiment was novel and amazing.

- Dr Radhakrishnan

Hyderabad

Excellent.

- P. Rangaraj

Teacher, Panchayat Union Middle School, Kanjirangal.