

Aparajitha

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2017

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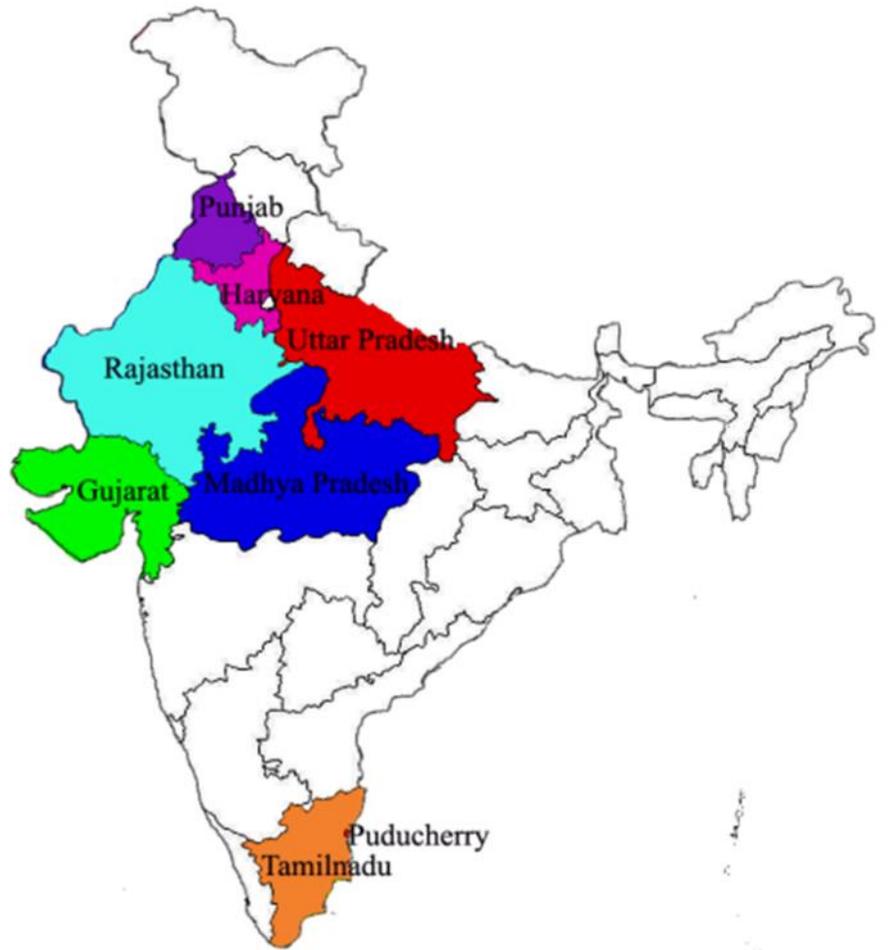
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Seeds of Success



A Transformational Change Through Awareness

Hello!

WHO defines life skills as “abilities for **adaptive** and **positive** behaviour that enable individuals to deal effectively with the demands and challenges of everyday life”. Those who have received these skills continue to develop their knowledge, skills and attitude throughout their life. As a result they become responsible people. They then share their knowledge and skills with others and with their positive frame of mind try to make others also responsible citizens.

AGN School, Konganapuram , Salem which started implementing Thalir Thiran Thittam in 2011 and developed hundreds of students into responsible youngsters is now making an effort to create more and more responsible citizens in the neighbourhood through its Community Radio Service. The first section of this newsletter provides you more information on this. The second section is about how Thalir Thiran Thittam has made hostel students more responsible. The third section deals with the impact of this programme on students in Gujarat.

Footprints gives you details of the far reaching spread of Thalir Thiran Thittam in the last three months. This issue’s front page graphic shows the places it has reached. It is our dream and desire that all the white portions should be filled with colour very soon to indicate symbolically the reach of TTT everywhere... Come join us to fulfil that desire and make our dream come true...

I look forward to your continued support and suggestions.

Ariaravelan
Manager



Thalir Thiran Thittam (TTT) offers life skill education to students in classes 7 to 12. Based on the 10 life skills listed by World Health Organisation (WHO); lessons have been created to engage the students in happy experiential learning. The lessons at the primary level are imparted using Teachers’ Handbook and at the secondary, high school and higher secondary levels, through DVDs. This programme aims to create responsible students and was piloted in 2008-2009 in 5 higher secondary schools. In 2009-10, it was expanded to all high and higher secondary schools in Tamil Nadu by the Tamil Nadu Government’s Education department. Later it was implemented in primary, govt- aided and private schools that were interested in TTT. Now the programme is being implemented in Tamil Nadu and Gujarat.

(Articles of this issue are translated from Tamil into English by Ms. Mali Nandakumar)

Imprints

Thalir Thiran Thittam's Life Skills Programme through Community Radio Network



Community Radio Network is a means by which educational institutions or NGOs disseminate information within a particular area in a locality. This network has been used by educational institutions since February 1, 2004 and by NGOs and agricultural institutions since November 16, 2006. As per data available on Nov 1, 2016,

there are 20 community radio networks in operation. Of these 29 are in Tamil Nadu. One of these is *Aganal Radio* operated by Kodaimatchi Trust, Konganapuram in Salem district. This was launched on February 17, 2017. They broadcast their programmes between 10.00 am and 1.00 pm; and between 3.30 pm and 6.30 pm every day at 91.2 MHz. This service is available to people living within a 25 km radius.

Songs from Thalir Thiran Thittam programme were broadcast on this radio service whenever possible. About 6 months ago the broadcast schedule was reorganised as per which 15 minutes are allocated for songs and another 15 minutes for messages from Thalir Thiran Thittam lessons each day on Sunday, Tuesday, Wednesday and Saturday. They are rebroadcast in the evenings on all these days. On Monday, Thursday and Friday, a programme named *Aganal Neyar Ayiram* (an interactive session with listeners) which discusses a problem with listeners and ends with a solution as provided in the Thalir Thiran Thittam lessons is broadcast live. For example, the anchor and listeners discuss live on the programme a topic like "How to avoid anger"; in the course of the discussion, they broadcast songs related to the topic. In the end they broadcast the parts from the TTT lesson on handling negative emotions and specifically the parts on handling anger. There is a repeat broadcast of the same programme in the evening. In the same way, topics such as friendship, time management, greeting, avoiding wastage, goal setting, respecting others, hard work, perseverance, appreciation, envy, listening, respecting the other gender, conversing, respecting teachers, etiquette on public transport and handling examinations have been discussed on this forum so far. There has been an overwhelming response to this from listeners.



Thalir Thiran Thittam in student hostels

Various efforts are made to implement Thalir Thiran Thittam beyond school campuses. As part of the same, it is being implemented in Madurai Sevalaya Students' Hostel and Annai Sathya Government Child Protection Centre since 2015-16 and 2016-17 respectively.

A Gandhian organisation is running *Sevalaya* a students' hostel in Madurai to help those from the marginalised sections of the society living in the suburban areas and small towns surrounding Madurai. About 150 students reside in the hostel every year and pursue their education. For the past two years they have been receiving life skills education every Saturday through Thalir Thiran Thittam. These sessions are handled by the employees of Aparajitha Foundation.



Sevalaya students



Students of Annai Sathya Government Children's Home

Under the Tamilnadu Government's Social Welfare and Mid-day Meals Scheme Department, a children's home in every district is run under the name Annai Sathya Government Children's Home. At the Centre in Madurai 125 destitute girls from various parts of the district reside and pursue their studies in various high schools and higher secondary schools in Madurai. For the past one year, they have been acquiring life skills through Thalir Thiran Thittam every Saturday using the peer learning method.

It has been observed that as a result of these efforts, values and traits such as punctuality, responsibility, self-esteem, gentleness and orderliness; and skills such as appreciation, anger management, coordination, teamwork, leadership and oratory have been developed in them.

Tim Tim Tara in Gujarat

Following the implementation of Tim Tim Tara in Gujarat since the academic year 2012- 13, there has been a gradual and positive transformation in students. A few samples here:



Tim Tim Tara has been implemented in the *Mukhya Kanya Shala*, Dhandhuka in Ahmedabad from the academic year 2015- 16. Consequently positive changes in student behaviour with respect to time management, healthy habits, respecting others have happened. Their self-confidence has also improved. As a testimony to this, two students Sapna and Bhavna have volunteered to handle life skills education classes for their fellow students this year using peer learning techniques independently and without the help of their teachers.

Kadri Jafar, a student in the *Prathmic Shala* in Rajiv nagar, Ahmedabad has reduced his TV viewing time following his exposure to Tim Tim Tara lessons. He has started using his leisure time to read books from the library and also prepare himself better for the examination. As a result, he who has never taken part in any competition due to stage fright so far has participated in an oratorical competition. He has scored well in his examination and also won the appreciation of his teachers and headmaster.



Nimisha, a teacher at an *Prathmic Shala* in Fangdi, Ahmedabad facilitates Tim Tim Tara lessons. She says, “Children naturally possess good habits. But others are not aware of this. Tim Tim Tara activates these. As a result, these good habits get deeply embedded in them. I can see many such changes in my students. For example, after learning the two lessons on appreciation and charity, and later connecting the two concepts, some students approached the headmaster and said, “We have been receiving education from this school. We would like to spend a part of our vacation cleaning the campus as a mark of our gratitude to the school.” With the headmaster’s permission they have been cleaning the campus. Some who were habitual latecomers have started being punctual.”

Footprints

(Events: October – December 2016)

Launched as a pilot project in the year 2008-09 in 5 schools in Tamilnadu Thalir Thiran Thittam is now being implemented in various schools in seven states including Tamilnadu, Gujarat, Rajasthan, Madhya Pradesh, Uttar Pradesh, Punjab and Haryana, and in Union Territory Puducherry. A bird's eye view of the places where it has set foot in the last three months:-

Tim Tim Tare in Haryana

Tim Tim Tare was launched in The Scholars Public School located in Barwala Panchkula district in Haryana. The school follows the CBSE curriculum. Adequate efforts are being taken to implement this programme in other schools in Haryana.

Tim Tim Tare in Punjab

Tim Tim Tare was implemented in November 2016 in branches of The Scholars Public School located in Rajpura, Patiala and Tabar. Ample efforts are afoot to take these to other schools in the state.

Thalir Thiran Thittam in Tamilnadu



In collaboration with the Rotary Club of Madurai Metro, Thalir Thiran Thittam programme was launched in three schools in Madurai - Sengunthar High School, M.A.N.U. Girls Higher Secondary School, P.N.U.A.P.T. Dorairaj Higher Secondary School on November 14, 21 and 28 respectively. The Rotary Club members handed over the Thalir Thiran Thittam DVDs to the respective heads of the schools. The entire programme was coordinated by Mr.D.Murugan, Manager, Aparajitha Corporate Services (Private) Ltd.

Thalir Thiran Thittam in Jawahar Navodaya Vidyalayas

Jawahar Navodaya Vidyalayas were established by the Ministry of Human Resource Development, Government of India based on the National Education Policy framed in 1986. The objective was to make quality modern education available to meritorious but economically underprivileged students from the rural areas. Until then such education was accessible only to students living in cities. With one in every district, there are so far 598 such schools spread across 28 states and 7 union territories.

The need to provide life skills education to the students of these Navodaya Vidyalayas was felt. Towards that end, Tim Tim Tare was implemented as a pilot project in the Jawahar Navodaya Vidyalaya located in Mauli in Panchkula District of Haryana on 19 November 2016.



Jawahar
Navodaya
Vidyalaya , Mauli

Jawahar Navodaya Vidyalaya
Periakalappattu



Efforts are being made to implement TTT in many more Navodaya Vidyalayas in the next academic year.

Echoes

Thalir Thiran Thittam which has been introduced with the lofty objective of creating a society of 'confident and responsible citizens' will certainly help students to develop their skills and progress in life. The successful implementation of this programme is clearly evident from the happy views of teachers who handle the lessons and of the students who learn from them. This programme will create a positive revolution in school education.

- **Dr. D. Samuvel Lawrance**
Former Vice-Principal, The American College, Madurai.

It is heartening to know that TTT has been sown in 3 other states. Hope to see it reach all the states and Union Territories of India.

- **Geetha Sundaram**
Chennai.

Amazing testimonies of lives being touched and transformed. I am impressed by the good work done by the Team at Thalir Thiran Thittam. Wishing you all the very best in the coming years.....May all your efforts add to the Herculean task of transforming Indian Youth to contribute to building our Country.

- **Selvi Santosham**
Head – Admin., TVSLS, Madurai.

I am glad that, like the proverbial Octopus, the Organization is making inroads in to Madhya Pradesh. I wish you success.

- **Dr. S. Radhakrishna**
Hyderabad

Happy to know about the implementation at MP. Glad to know that western and central India is receptive.

- **Shobana Rajaseker**
Chief People Officer, Aparajitha, Madurai.

It is so nice and I'm very happy to see the growth path of TTT with the spread in Gujarat, Rajasthan and Madhya Pradesh. This will surely bring a social change and flourishing future among the children. My hearty congratulations and best wishes for the successful implementation of the programme in many states....

- **Anandaraj K**
Business – Head, Aparajitha, Madurai.